



The *Equicizer*™ was invented by Eclipse Award winning jockey Frank Lovato, Jr. to aid in his own recovery from a racing accident.

The concept of the *Equicizer*™ is to train, practice and exercise while riding in a safe, controlled environment.

Since officially developing the *Equicizer*™ in 1988, The Equicizer and Equipony continue helping many levels and types of equestrians, from beginners to professional athletes, along with those with disabilities to achieve and maintain their best abilities on horseback.

With our horses, there is now a convenient solution to riding when the real horse may not be available.



The *Equicizer*™ riser, above, is ideal for practicing polo, roping and mounting.



“As an athlete and professional jockey, I have always felt the need for a simulated training device. For centuries of organized racing, jockeys have used such things as a bale of straw and a pair of reins tied to a post to train on. After using this method myself, I felt that jockeys deserved better and set out to design and build the Equicizer. Now there’s a training device that really works.”

Frank Lovato, Jr.
jockey/inventor



EQUICIZER™
— For the Athlete on Horseback —

WOODEN HORSE CORPORATION

819 Dublin Road
Norwalk, Ohio 44857
Phone/Fax: (419) 663-1472 Email: equicizer@aol.com
www.equicizer.com • www.exercisehorse.com

HANDCRAFTED WORKMANSHIP

The *Equicizer™* is an entirely hand-crafted item, built from quality wood and hardware, and has the essentials of the real horse. The contoured body and withers are shaped authentically so most any saddle should properly rest in position. If not using a saddle, the *Equicizer™* and *Equipony™* are covered and padded with plush, durable fabric available in a variety of colors.



Its unique features include a hand-carved head cut from select wood, with a beautiful deep wood grain finish in complementary colors. The *Equicizer™* is equipped with bridle, reins, brass name plate, brass handles, realistic mane and tail. Saddles, custom bridles, wheels and other options are available upon request.

The *Equicizer™* and *Equipony™* are not motorized, but are safely controlled entirely by the rider, spotter, instructor or therapist. They are built on a spring balanced suspension that when in motion, simulates the movement of a real horse. Rocking gently creates the relaxing sensation of sitting on a horse walking. Riding in a more aggressive manner, the *Equicizer™* is capable of handling any speed from a lope, canter or even full gallop.

Built to last, the *Equicizer™* can handle weights that exceed 400 lbs. and requires no maintenance.

The *EQUICIZER™* Only Limits What Your Imagination Allows.

► Exercise and Physical Fitness for the Serious Equestrian

There are times when actual riding and schooling are not possible or practical. Bad weather or busy schedules may not permit you to ride enough to stay in shape. With the *Equicizer™* you can build or maintain your fitness level and keep muscles toned and flexible.



A hunter-jumper rider practicing two-point position

► Build Skill, Balance & Endurance

Whether you are a recreational rider or seasoned professional, honing your riding skills makes for a more pleasurable experience for you and your horse. By practicing on the *Equicizer™* you can concentrate solely on *you*. Stay fit and sharp, enhance style and develop a deep seat. Many jockey's rooms at major racetracks, equestrian centers, and therapeutic riding programs across the country utilize the *Equicizer™*.

► Learning Development

Beginners or apprentice riders may have limited opportunities to ride. Teaching beginners on certain horses is generally not good for the student or the horse. With the *Equicizer™* many basic skills like reining technique, leg and body positioning and balance can be practiced and honed to perfection in a completely safe environment.



the Equicizer™



the Equipony™

We recommend that when using the Equicizer™ or Equipony™ for exercise or rehabilitation, or when beginning any exercise program, you consult your physician to ensure your health and well being will not be at risk.

Each *Equicizer™* and *Equipony™* built is numbered and recorded on file. A Wooden Horse Corporation foal certificate can be issued to the owner upon request. All horses are hand-crafted and are not mass produced. Custom name plates are also available. Orders will be quoted an expected delivery date. Package and shipping costs are not included.



► A Powerful Aid in Post-Injury Rehabilitation

The serious or professional rider needs to regain strength and flexibility that will get him/her back in the saddle fit, strong and quickly. Basic exercises used in therapy do not always recondition the areas of the body that are essential to riding. Working on the *Equicizer™*, you will be using those essential areas that will aid your return with strength and confidence.

"I used the Equicizer every day! It's just like riding. If you're injured, you can pace yourself. You don't have to work out for hours."

Julie Krone, jockey



► Helping Those With Challenges & Disabilities

The *Equicizer* and *Equipony* offer many fun alternative ways of conducting therapeutic exercises for children and adults with disabilities. Our horses are currently being used in private homes, therapy centers, rehabilitation facilities, youth outreach, hippotherapy, recreational & therapeutic horseback riding programs.



"I am learning great new methods of therapy with the Equicizer that coincide with the benefits of riding real horses. The Equicizer has a very nice kind of motion that's excellent for loosening, stretching, balancing and strengthening exercises. It also is a safe, perfect height so I can position the child in many ways; even practice some vaulting exercises. We play games of catch and other things that real horses may not have the patience for."

**NARHA certified instructor
Millie Pott of Spirit Filled Riders**

"The Equicizer and Equipony have been an aid in helping improve the lives of those with physical, mental and emotional challenges."

The *Equicizer* and *Equipony* are warm and friendly in appearance though built incredibly strong. Exercises

beyond the typical horseback riding positions can be applied with stretching, strengthening and balancing in a safe controlled manner. Riders can increase their strength, stability, flexibility, balance, confidence and over all well being.

► Equicizer in the Film Industry

Gary Ross, director of the motion picture "*Seabiscuit*", wanted to bring viewers right into the midst of the racing action. His answer was the *Equicizer™*. A rolling platform was built that could move at the same speed as a running horse. Two *Equicizers™*, modified with realistic horse heads, were mounted to the platform on tracks so they could move forward and back. Affectionately known as the "USS *Seabiscuit*", it became an invaluable tool that enabled the crew to execute close-up shots and in any position. In addition, actor Tobey Maguire spent many hours training on the *Equicizer™* to prepare for his role as *Seabiscuit's* jockey, Red Pollard.



"I didn't realize what kind of athletes jockeys are. The first time I got up in the stirrups and did a bit of gallop on the Equicizer, after a couple of minutes my legs were noodles."

Tobey Maguire, actor

The use by many riding disciplines and therapeutic programs has truly validated the versatility of the Equicizer™ or Equipony™. Learn More at www.Equicizer.com